

<p style="text-align: center;">Autumn 1 Being Me</p>	<p style="text-align: center;">Spring 1 Digital Me</p>	<p style="text-align: center;">Summer 1 The World & Me</p>
<p style="text-align: center;"><u>How can I manage my feelings?</u></p> <p><u>Making relationships</u></p> <ul style="list-style-type: none"> Interested in others' play and starting to join in. <p><u>Self-confidence and self-awareness:</u></p> <ul style="list-style-type: none"> Separates from main carer with support and encouragement from a familiar adult. <p><u>Managing feelings and behaviour</u></p> <ul style="list-style-type: none"> Shows understanding and cooperates with some boundaries and routines. Seeks comfort from familiar adults when needed. express their own feelings such as sad, happy, cross, scared, worried. 	<p style="text-align: center;"><u>Why do we have to be careful?</u></p> <p><u>Making relationships</u></p> <ul style="list-style-type: none"> Can play in a group, extending and elaborating play ideas, e.g. building up a role-play activity with other children. Keeps play going by responding to what others are saying or doing. <p><u>Self-confidence and self-awareness:</u></p> <ul style="list-style-type: none"> Can select and use activities and resources with help. Shows confidence in asking adults for help. <p><u>Managing feelings and behaviour</u></p> <ul style="list-style-type: none"> Begins to accept the needs of others and can take turns and share resources, sometimes with support from others. Can usually tolerate delay when needs are not immediately met, and understands wishes may not always be met. 	<p style="text-align: center;"><u>What is my place in the world?</u></p> <p><u>Making relationships</u></p> <ul style="list-style-type: none"> Demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults. <p><u>Self-confidence and self-awareness:</u></p> <ul style="list-style-type: none"> Is more outgoing towards unfamiliar people and more confident in new social situations. <p><u>Managing feelings and behaviour</u></p> <ul style="list-style-type: none"> Can usually adapt behaviour to different events, social situations and changes in routine.
<p style="text-align: center;">Autumn 2 Celebrating Differences</p>	<p style="text-align: center;">Spring 2 Healthy Me</p>	<p style="text-align: center;">Summer 2 Changing Me</p>
<p style="text-align: center;"><u>How are we different?</u></p> <p><u>Making relationships</u></p> <ul style="list-style-type: none"> May form a special friendship with another child. <p><u>Self-confidence and self-awareness:</u></p> <ul style="list-style-type: none"> Expresses own preferences and interests. <p><u>Managing feelings and behaviour</u></p> <ul style="list-style-type: none"> Responds to the feelings and wishes of others. Aware that some actions can hurt or harm others. Tries to help or give comfort when others are distressed. 	<p style="text-align: center;"><u>What is being healthy?</u></p> <p><u>Physical Development: Health and Self-care</u></p> <ul style="list-style-type: none"> Observes the effects of activity on their bodies. Gains more bowel and bladder control and can attend to toileting needs most of the time themselves. <p><u>Self-confidence and self-awareness:</u></p> <ul style="list-style-type: none"> Confident to talk to other children when playing, and will communicate freely about own home and community. <p><u>Managing feelings and behaviour</u></p> <ul style="list-style-type: none"> Aware of own feelings, and knows that some actions and words can hurt others' feelings. 	<p style="text-align: center;"><u>When do my feelings change?</u></p> <p><u>Making relationships</u></p> <ul style="list-style-type: none"> Initiates play, offering cues to peers to join them. <p><u>Self-confidence and self-awareness:</u></p> <ul style="list-style-type: none"> Welcomes and values praise for what they have done. <p><u>Managing feelings and behaviour</u></p> <ul style="list-style-type: none"> Can usually tolerate delay when needs are not immediately met, and understands wishes may not always be met. Can usually adapt behaviour to different events, social situations and changes in routine.