



LATEST NEWS

10TH MAY 2024

REMINDERS

Class Assemblies

Friday 24th May, 9:10am Thames Class - Reception
Friday 14th June, 9:10am Mississippi Class - Reception



NATIONAL NUMERACY DAY



Following the success of last year's event, we will be taking part in **National Numeracy Day** on **Wednesday 22nd May**. This is a day dedicated to everyday Maths. During the day, we will be thinking about the different ways that we use numbers in our daily lives. We will also be taking part in some of the National Numeracy Day activities, including number puzzles and challenges.

This will be a **non-uniform day** (no donation required) and children are encouraged to come to school **wearing numbers** or **dressed as a number**. Please do not buy anything new! You can write numbers on an old t-shirt or cut some numbers out of paper and Sellotape them on.



We would also love to see the different ways that the children use Maths/Numbers at home or in the community. Please email any photos you would like to share with us to the **Bowes Office**.

Please look out for a fun parent Maths Challenge in the playground at morning drop-off. We hope you will join in with us. Please also feel free to wear numbers on this day!



Please [click here](#) to view the flyer that was emailed to parents this week.

Thank you for your support and we look forward to a great day celebrating numbers!

A TRIP DOWN MEMORY LANE

Back To Bowes Primary School.....65 Years After Leaving
Written by Barry Maxwell

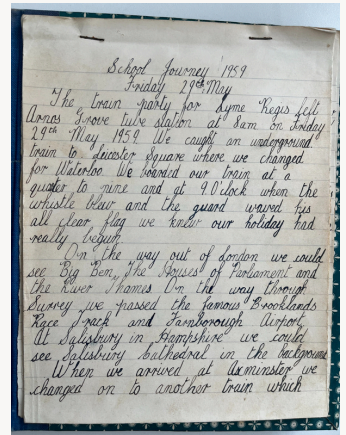


A group of 6 ex-pupils who left in 1959 returned on 26th April 2024. Most of the group had not met each other in those 65 years, so it was quite some reunion! The school gave us a fabulous welcome and we were thrilled to walk again into our former classrooms, to see where the Headteacher had his office back in our day, to look at the corridor where the compulsory school milk was delivered and to stare at the ceiling that leads to the tower where the bell tolled to summon us to school. We visited several classrooms and answered questions about the differences between now and then.

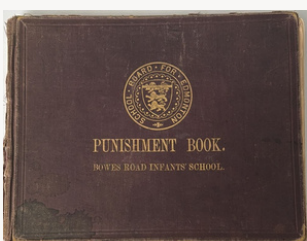


At a special assembly, we were the platform guests of honour and many of the children present came armed with some perceptive questions about uniform, writing implements, food, dress code, punishment and asked for advice on how to cope with secondary education. It was a testing school exam for us 76 year olds, but we seemed to get a decent enough pass mark.

What has changed? Clearly, the Victorian structure of the building remains the same, but the partitioning and the decor has transformed the school into a much brighter, lighter place of learning than it was back in 1959. Corridors and classrooms are full of inspired artwork and colourful information. Outside, the asphalt where we fell and grazed our knees at break time has long gone. We all yearned to return after so long because Bowes was a stimulating environment. We were all happy there. We had only fond memories of a school that prepared us well for later life.



We were enthralled to find that Bowes remains the happy place as it was for us. We encountered so many smiles and a thirst for knowledge and, in return, we hope that we were able to satisfy curiosity about life in Bowes back in 1959. The children were delightful and engaging company and the staff members so friendly and warm. Returning to the school was a truly uplifting experience for us. Learning is a journey that lasts a lifetime and it is only when you reach a certain age that you look back with a fondness about where it all began.



“Growing Hearts, Growing Minds” is the school motto. Our hearts remain in Bowes, even after all this time and we were so delighted that the school let us return to the very place where our minds started to grow as well.

YEAR 6 SATS



Good luck to all the children in Year 6 who will be undertaking their SATs next week. The children have worked extremely hard this year and we wish them every success. If you are a parent of a child in Year 6, please ensure your child has a good night's sleep each day to enable them to do their very best. End of Key Stage 2 results will be shared in July during the last two weeks of the Summer Term.



YEAR 4 CAMPING MEETING

Thank you to all the parents who came along to our Year 4 Camping Meeting last week. The presentation is available to view on the school website by clicking [here](#). Please can all medical forms be completed by Friday 17th May.



Year 4 parents are invited to come along to our Camping Assemblies on **Wednesday 3rd July at 9:10am** and **Thursday 4th July at 9:10am** (both in the Top Hall). Places will be allocated via text message and two family members may attend. The children who are not attending the camping trip will also be sharing their in-school experiences in the assemblies.



PARENT SUPPORT

Does your child find it difficult to attend school for emotional reasons?

The Educational Psychology Service are running an online two-part workshop for parents and carers.

Session 1

Tuesday 4th June, 1:30pm - 2:30pm

Session 2

Tuesday 18th June, 1:30pm - 2:30pm

Please see the larger flyer at the end of the newsletter for more information.

Does your child find it difficult to attend school for emotional reasons?

Join the Educational Psychology Service at an online two-part workshop for parents and carers.

We will:

- ▶ Learn more about anxiety
- ▶ Explore what feels helpful for your child and family
- ▶ Discuss working together with schools to help young people attend
- ▶ Share your thoughts and ideas with each other & identify what help and support are available
- ▶ Connect with other parents and carers with similar concerns
- ▶ Consider how we can look after ourselves when things are hard

Based on feedback from our previous workshops, we are also offering the opportunity to meet in person at the Civic Centre with other parents to enable a conversation & share experiences. The sessions will be facilitated by Educational Psychologists who will support the group to identify ideas and ways forward. Coffee and cake will be provided.

SESSION 1
Tuesday 4th June (Virtual) 1.30pm-2.30pm
Monday 16th June (In Person) 10.00-12.00pm

SESSION 2
Tuesday 18th June (Virtual) 1.30pm-2.30pm
Thursday 4th July (In Person) 10.00-12.00pm

[Sign up here](#)

For more information, please email eps@enfield.gov.uk

ENFIELD Council
www.enfield.gov.uk

KEEPING CHILDREN SAFE



Are electronic devices before bedtime affecting your child's sleep quality? Given the importance of sleep for a child's mental and physical health, ensuring that children are consistently getting enough sleep at night is crucial. If you are concerned about the impact of your child using a device before bedtime and the effect it may be having on your child's sleep, there are a number of steps you and your child can take.

- 1) Set a technology curfew.** Establish a nightly routine that involves stopping the use of technology at least one hour before bedtime. Plan in other calming activities like reading or colouring.
- 2) Create technology-free zones.** Store phones and other devices outside of the bedroom. It reduces the temptation to use devices before going to sleep and eliminates the possibility of being woken up by texts, calls and other alerts.
- 3) Alter the settings.** Many electronic devices include options for 'night mode' or 'dark mode' that change the screen background to black, reducing blue light exposure.



The NHS recommended sleep durations are:

Children 3 to 5 years	10 - 13 hours
Children 6 to 12 years	9 - 12 hours



Safeguarding is everyone's responsibility



DIARY DATES 2024

13th - 16th May	Year 6 SATs Week
22nd May 2024	National Numeracy Day (non-uniform)
24th May 2024	Thames Class Assembly, 9:10am
27th - 31st May	Half Term
14th June 2024	Mississippi Class Assembly, 9:10am
17th - 18th June	Year 4 Camping Trip
24th Jun 2024	INSET - SCHOOL CLOSED
3rd & 4th Jul	Year 4 Assemblies (allocated places)
23rd Jul 2024	School Ends
24th Jul 2024	INSET - SCHOOL CLOSED
2nd Sept 2024	INSET - SCHOOL CLOSED
3rd Sept 2024	School Starts

Friends of Bowes



Please continue reading for the latest news from our Friends of Bowes PTA.

Friends of Bowes Newsletter

Friends of Bowes



(Reg. Charity No. 292487)

Contact and support us...

You can follow us on social media to hear about our brilliant events that bring the Bowes community together and raise money to support the school.



@friendsofbowespta



www.facebook.com/fobnewsouthgate



www.pta-events.co.uk/bowes



You can also support us by signing up to a free Easy Fundraising account to shop online at over 7000 brands at: <https://www.easyfundraising.org.uk/causes/bowesprimary/>

You can support us directly through our Just Giving page which you can access here

And by purchasing your labels through <https://www.stikins.co.uk/> using the school fund raising code 2439



KEY DATES:
YEAR 6 CAKE SALE - FRIDAY 17 MAY
JULY - SUMMER FAIR



ARE YOU A COFFEE LOVER? THEN SIGN UP TO A SUBSCRIPTION WITH CURB COFFEE & THEY WILL DONATE 10% OF SALES. FOR MORE INFO

[Click here](#)











We are always looking for volunteers - please get in touch with us at: friendsofbowes@gmail.com if you would like to get involved.



OR CATCH ONE OF US IN THE PLAYGROUND!



FRIENDS OF BOWES COMMITTEE

PARMINDER ROGERS CHAIR  	GRAEME BARKER TREASURER $x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$ 	
EMILY PLOSKER SECRETARY  	MIKE POWNALL EVENTS MANAGER  	AMY CLARKE DESIGN & PROMOTION   

Friends of Bowes



Playground Fundraiser

Raising funds to buy a climbing frame

[CLICK TO DONATE](#)

or scan!



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