

## Bowes Learning Quest

### Long Term Subject Maps

PE	Venue	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery		Exploring the continuous provision  Dance – Routine of movements	Exploring the continuous provision	Enhanced Provision Gymnastics Activities	Enhanced Provision Hula Hoops and skipping games and ball games.	Games - Develop team games	Athletic Activity Foundations and link to Sports Day  Dance – Begin to develop coordination and movement
Reception		Exploring the continuous provision - (Assessment)	Games – Fundamentals 1 (CAMB)	Gymnastics – Fun Gym Shapes. (CAMB)	Dance – On Parade (CAMB)	Games – Fundamentals 2 (CAMB)	Athletic Activity - Foundations and link to Sports Day
		Exploring the continuous provision. (Assessment)	Enhanced Provision Rolling Activities (ENFIELD)	Enhanced Provision Hula Hoops and skipping games and ball games.	Enhanced Provision - Gymnastics Activities	Enhanced Provision - Striking Actives	Enhanced Provision - Athletic Activities
Year 1	Indoor	Gymnastics – Jumping Jacks (CAMB)	Dance – Moving Words (CAMB)	Dance – Weather (CAMB)	Gymnastics – Travelling (ENFIELD)	Dance – Gesture and formation (ENFIELD)	Gymnastics – Taking weight on different parts (ENFIELD)
	Outdoor	Games – Fundamentals 1 (CAMB)	Games – Fundamentals 2 (CAMB)	Games – Rock and Roll (CAMB)	Games – Bouncing and catching (ENFIELD)	Games – Athletics Fundamentals and links to sports Day (BOWES)	Games – Creating games in pairs (ENFIELD)
Year 2	Indoor	Gymnastics – Points of contact (CAMB)	Dance – Great Fire of London (CAMB)	Gymnastics – Ball, Tall and Wall (CAMB)	Dance – Magical Friendships (CAMB)	Gymnastics – Parts high and low (ENFIELD)	Gymnastics – Spinning and turning (ENFIELD)
	Outdoor	OAA - Trails, Trust and Teamwork (CAMB)	Games – Fundamentals 1 (CAMB)	Games – Fundamentals 2 (CAMB)	Games – Games – throwing and catching (ENFIELD)	Athletics - Athletics Fundamentals and links to sports Day (BOWES)	Games – Hitting & Striking (ENFIELD)



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<b>Year 3</b>	<i>Indoor</i>	<b>Dance</b> – Solar system (CAMB)	<b>Gymnastics</b> – Patters and pathways (CAMB)	<b>Gymnastics</b> – Hand Apparatus (CAMB)	<b>Dance</b> – Machines (CAMB)	<b>Swimming</b>	<b>Swimming</b>
	<i>Outdoor</i>	<b>OAA</b> - Co-operation, Communication and Consideration (CAMB)	<b>Games</b> – Passing (ENFIELD)	<b>Games</b> – Creating space (ENFIELD)	<b>Games</b> - Ball handling skills (CAMB)	<b>Athletics</b> - Athletics Fundamentals and links to Sports Day (BOWES)	<b>Games</b> – Striking and fielding games (CAMB)
<b>Year 4</b>	<i>Indoor</i>	<b>Dance</b> – Cold places (CAMB)	<b>Gymnastics</b> – Principles of Balance (CAMB)	<b>Gymnastics</b> – Yoga (BOWES)	<b>Dance</b> – Rugby and The Haka (CAMB)	<b>Dance</b> – Carnival of Animals (BOWES)	<b>Gymnastics</b> – Rotation (CAMB)
	<i>Outdoor</i>	<b>OAA</b> – Team Work (BOWES)	<b>Games</b> – Ball on the ground (CAMB)	<b>Games</b> – Tag Rugby (BOWES)	<b>Games</b> – Basketball (BOWES)	<b>Games</b> – Athletics and links to Sports Day (BOWES)	<b>Athletics</b> – Pentathlon (CAMB)
<b>Year 5</b>	<i>Indoor</i>	<b>Gymnastics</b> – Pair Composition (CAMB)	<b>Dance</b> – On the Beach (CAMB)	<b>Gymnastics</b> – Pair and Go (CAMB)	Dance – Dance style (CAMB)	<b>Gymnastics</b> – Core stability (BOWES)	<b>Dance</b> – Formations in Historical Dance (ENFIELD)
	<i>Outdoor</i>	<b>OAA</b> - Co-operation, Communication and Consideration (CAMB)	<b>Games</b> – Netball (CAMB)	<b>Games</b> – Football (CAMB)	<b>Games</b> – Netball (BOWES)	<b>Athletics</b> - Athletics and links to Sprots Day (BOWES)	<b>Games</b> - Tennis (off site)
<b>Year 6</b>	<i>Indoor</i>	<b>Gymnastics</b> – Body Symmetry (CAMB)	<b>Dance</b> – Football (CAMBS)	<b>Gymnastics</b> – Group Work (CAMB)	<b>Dance</b> – Why Bully Me? (CAMBS)	<b>Gymnastics</b> – Parkour (BOWES)	<b>Dance</b> – Free choice
	<i>Outdoor</i>	Outdoor and adventurous activities	Games – (Tag Rugby)	Games – Ball Hockey (CAMB)	Games – Basketball	Athletics – Decathlon (CAMB)	Games - Cricket