



## ORIGAMI

Would you like to learn a new skill? Do you have the time and resilience to learn something new? How about trying Origami? It is great for wellbeing, fun to do, a challenge and doesn't have to cost anything.

### **ORIGAMI – the art of folding paper. In Japanese 'ori' means folding and 'kami' means paper**

This might look tricky but it's best to start off on some easy models and work your way up. Sometimes you will go wrong and think you can't do it but you can, keep trying and eventually you will get it right. You can always ask a parent for help if you need to. There is special origami paper that you can buy from Amazon or similar places and it is not too expensive but it doesn't have to cost anything as you can use any paper – scrap paper, magazines, wrapping paper – and that's a good way to re-use the paper. You might have to cut it to the size you want although you can make models in any size. They mostly start with a square.

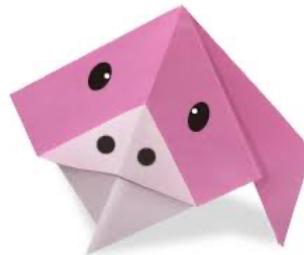
You can find instructions for models here and there are also many YouTube videos showing how to make models – please check with your parent first.

<https://en.origami-club.com/>

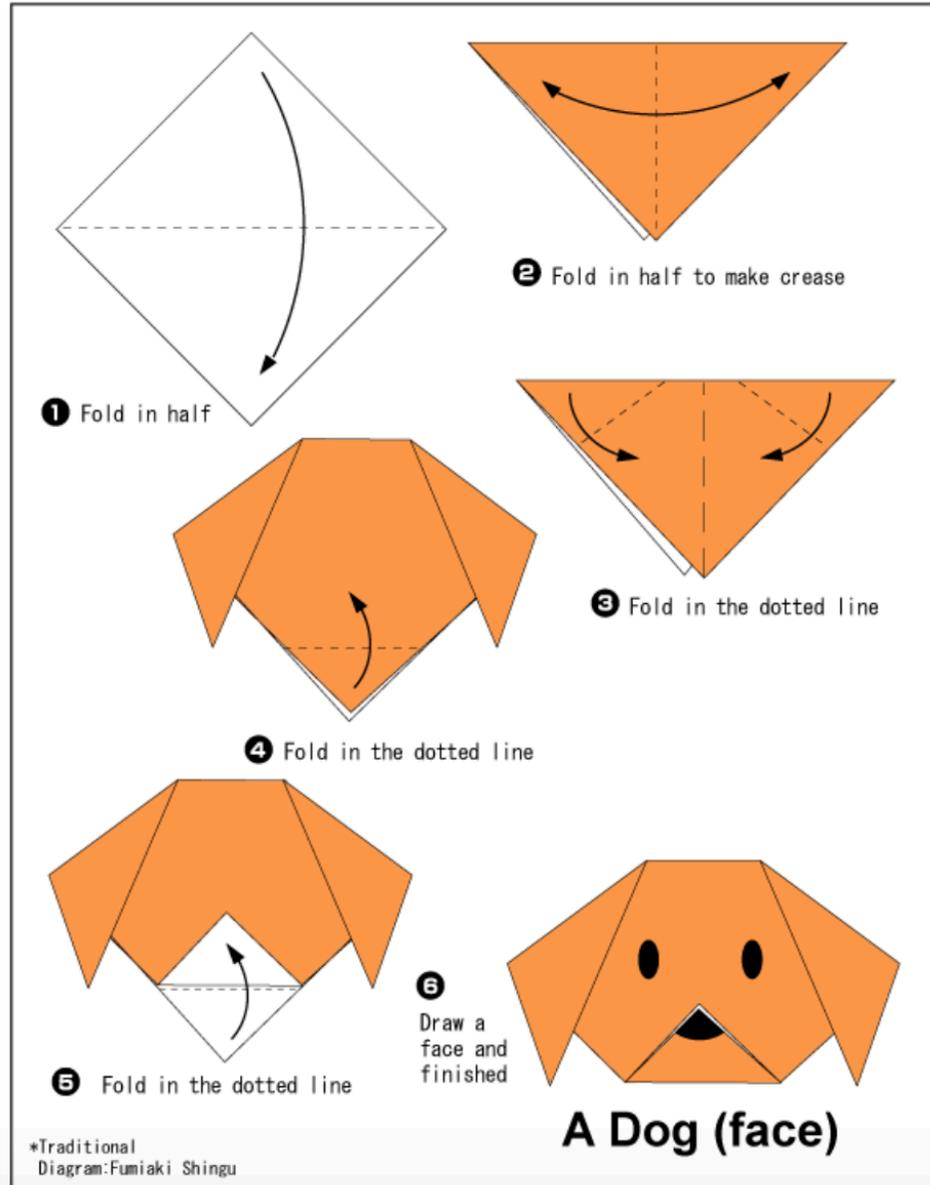


Every model shows how difficult it is by the number of stars, so the easiest ones have one star and the most difficult have four or five stars. If you're a beginner start with the easy ones to get used to the folds and instructions and work your way up to being an expert! It would be lovely to make some models and then everyone can share what they have made on the Bowes website 'showcase'. It would be great for you to learn how to make some cranes – try the 3-star one when you feel confident. The paper crane in Japan is the most famous of all origami models. The cranes are a symbol of happiness and good luck.

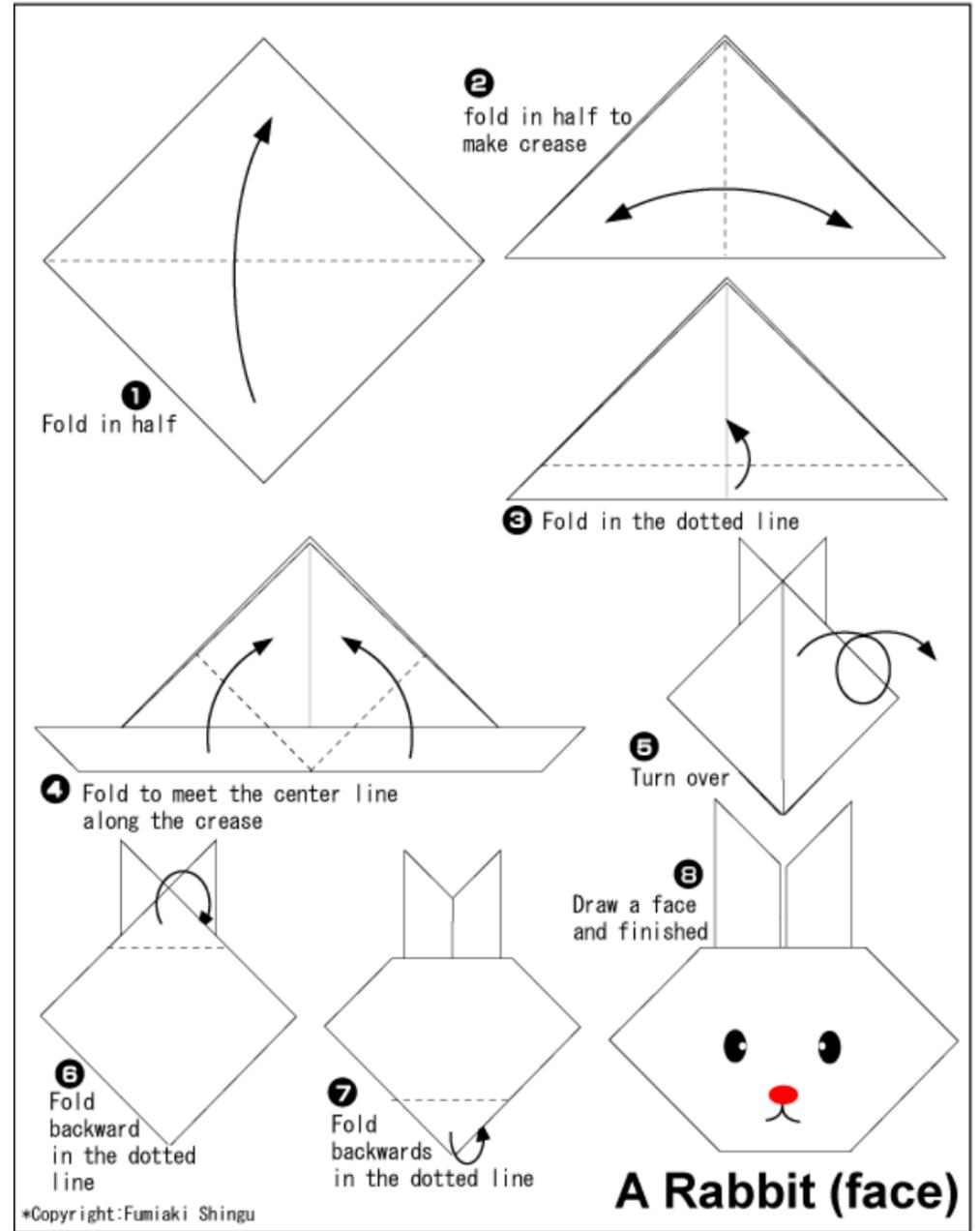
There are so many things you make, like animals, fish, paper planes, flowers, drinking cups, gift boxes and lots more.



HERE ARE TWO FAIRLY EASY ANIMALS TO START OFF WITH:



<Sponsoring>



<Sponsoring>