



LATEST NEWS

30TH JANUARY 2026

REMINDERS

Class Assemblies

Friday 6th February, 9:10am Snowdonia Class - Year 5

Friday 13th February, 9:10am Sahara Class - Year 1



Half Term

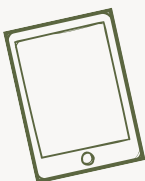
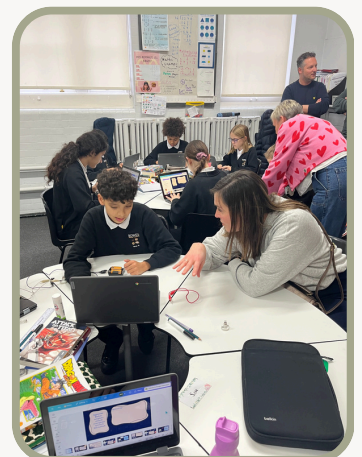
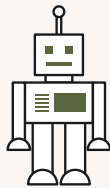
Monday 16th - Friday 20th February



BETT COMPUTING VISITORS



Last week, a number of international visitors visited Bowes as part of their attendance at the BETT (British Educational Training and Technology) show in London. Our children and staff were fantastic at demonstrating how we use technology in school to support teaching and learning. The visitors were extremely impressed with the technology we have at Bowes and how confidently the children use it. Well done everybody!





WORLD BOOK DAY

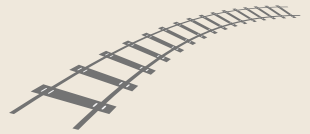
World Book Day will be taking place on Thursday 5th March.

As in previous years, children can come to school dressed as a book character. Please help your child to find/make items to wear, rather than buying anything new. Class teachers will stress this and help the children with further suggestions. We will also remind them that there are many characters that actually wear 'regular' clothes! More ideas can be found on the [World Book Day](#) website.

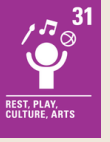
On the day, your child will also receive a £1 Book Token, which can be exchanged for a World Book Day book, or used towards a payment on a book.



TRIPS

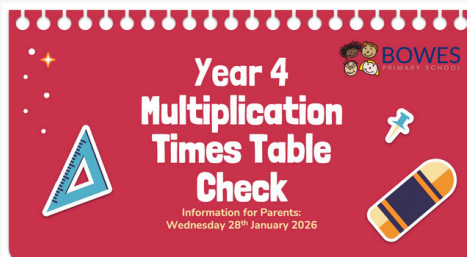


This half-term has already been full of lovely outings. Year 6 explored the Saatchi Gallery, Year 4 enjoyed a visit to the V & A Museum, and Reception had an exciting morning at Southgate Fire Station. A big thank you to all staff for planning these experiences and to the parents who kindly volunteered.



YEAR 4 MTC MEETING

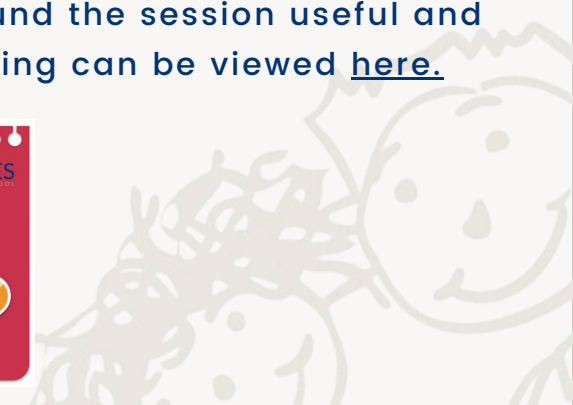
Thank you to all the Year 4 parents who came along to our Multiplication Tables Check (MTC) meeting. We hope you found the session useful and informative. The presentation from the meeting can be viewed [here](#).



+3
x6

+7
x4

+8
x9



KEEPING CHILDREN SAFE



Are electronic devices before bedtime affecting your child's sleep quality?

Given the importance of sleep for a child's mental and physical health, ensuring that children are consistently getting enough sleep at night is crucial.

If you are concerned about the impact of your child using a device before bedtime and the effect it may be having on your child's sleep, there are a number of steps you and your child can take.

1) Set a technology curfew. Establish a nightly routine that involves stopping the use of technology at least one hour before bedtime. Plan in other calming activities like reading or colouring.



2) Create technology-free zones. Store phones and other devices outside of the bedroom. It reduces the temptation to use devices before going to sleep and eliminates the possibility of being woken up by messages, calls, and other alerts.

3) Alter the settings. Many electronic devices include options for 'night mode' or 'dark mode' that change the screen background to black, reducing blue light exposure.



Safeguarding is everyone's responsibility



DIARY DATES 2026

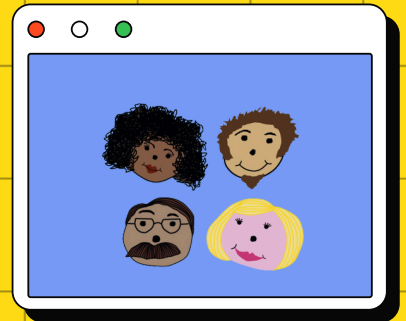
6th Feb 2026	Snowdonia Class Assembly, 9:10am
11th Feb 2026	Year 6 SATs Meeting, 9am
13th Feb 2026	Sahara Class Assembly, 9:10am
16th – 20th Feb	Half Term
23rd Feb 2026	School Starts
27th Mar 2026	School Ends
13th Apr 2026	School Starts
1st May 2026	INSET – SCHOOL CLOSED
4th May 2026	BANK HOLIDAY – SCHOOL CLOSED
25th – 29th May	Half Term
1st Jun 2026	INSET – SCHOOL CLOSED
2nd Jun 2026	School Starts
17th Jul 2026	School Ends
20th Jul 2026	INSET – SCHOOL CLOSED
2nd Sep 2026	INSET – SCHOOL CLOSED
3rd Sep 2026	School Starts

FRIENDS OF
BOWES



Please continue reading for the latest news from our Friends of Bowes PTA.

FRIENDS OF BOWES



FYI

WHO ARE WE?

Friends of Bowes is a registered charity run by parent/carer volunteers and set up to advance the education of the pupils of Bowes Primary School by assisting in the provision of facilities that support and expand the educational opportunities of the pupils.

100% of the money we raise goes towards advancing the education and experiences of our children.



WANT TO STAY IN TOUCH?


Every class has a WhatsApp group and at least one Class Rep - email us at friendsofbowes@gmail.com if you want to be put in touch with your Class Rep!

WhatsApp is our main way of keeping parents/carers informed of events and spending. Look out for our termly newsletter!



DO YOU FOLLOW US ONLINE?

You can follow us on social media on our facebook or instagram accounts:

 www.facebook.com/fobnewsouthgate

 [@friendsofbowespta](https://www.instagram.com/friendsofbowespta)

You can also buy tickets for all our events at PTA Events:

www.pta-events.co.uk/bowes



WANT TO DONATE?

CHECK OUT OUR JUST GIVING PAGE:

www.justgiving.com/friendsofbowes



DONATE



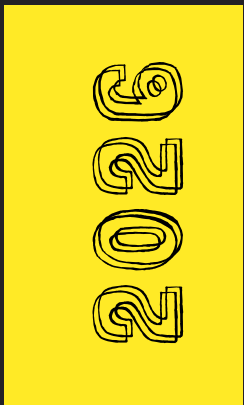
Want to get involved?
Contact us at:

friendsofbowes@gmail.com





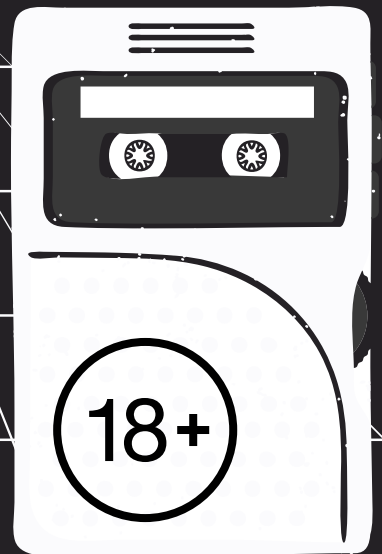
Friends of Bowes
**MUSICAL
BINGO**



FRIDAY 7.30-11PM
6 FEBRUARY

**PIZZA TO ORDER &
FULLY LICENSED BAR**
BEAT THE JUKEBOX

£11/TICKET



**SCAN HERE
TO BUY
TICKETS**

