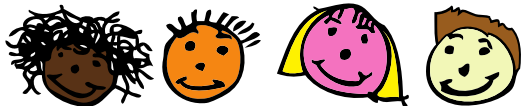


Bowes Primary School



Effie Demetriou - Headteacher

Bowes Primary School

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Friday 14th January 2022

Dear Parents,

Once again, I am writing to inform you that there have been further changes in Government guidance regarding Covid-19. From Monday 17 January, people who are self-isolating with COVID-19 will have the option to **reduce** their isolation period after **5 full days**, if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 **and** they do not have a temperature. For example, if you child tests negative on the morning of day 5 (by testing no later by 8am) and the morning of day 6, they can return to school immediately on day 6.

The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day (with a 24-hour gap between tests).

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days **or** until they have completed 10 full days of self-isolation, whichever is earliest.

Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10-day period of self-isolation. Further [information on self-isolation for those with COVID-19](#) is available.

We are continuing to follow the control measures we currently have in place and have updated our [risk assessment](#).

Thank you for your continued support in keeping our school community safe.

Best wishes to you and your families.

Effie Demetriou
Headteacher