



Thank you, England!



There are so many points from the Euro Cup Final that we can utilise as learnings for our children, some of which include disappointment, teamwork and kindness. We have outlined below what we will be discussing at Bowes with the children over the course of the week following the match. We thought that this resource will also be useful to use at home.

Disappointment

So many children would have gone to bed disappointed after the match - we know as adults, many of us did. Even Gareth Southgate himself said it straight after the match - disappointed. This does not mean that we did not appreciate the play and certainly does not mean we begrudge Italy the win.



It means we have cheered our team on, believed in them, wanted it for them and for us. Many of us have watched England play so well, get so close, in fact the closest position possible to be to winning – when it does not happen, of course we feel disappointed.

The lesson is, that's ok. It is normal and it is natural.

We are using this experience to teach the children the true meaning of resilience and why it is so important we allow them to feel. We can reframe and remind them to focus on how well the England team played over the course of the match and tournament, but at that very moment in the final, after a long night of anticipation, of course they feel disappointed.

It is our duty to teach our children that there are no good or bad emotions, and disappointment is just part of that rainbow of emotions. What is important is how we choose to behave on them.



Teamwork

We have seen such amazing examples of teamwork over the course of the whole tournament. What shone after every match was when the team made it clear - we win together, we lose together. True unity.

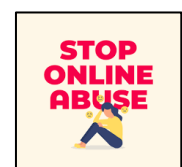
Kindness

There was such sadness on the pitch after the final, especially from our players who missed the penalties. But even with all the disappointment, we saw kindness, hugs and support shown to them by the rest of the team.



Unfortunately, not all people share these important principles. The news covered stories on how some people took to online media to share racist comments about the players who missed the penalties. This is wrong and unacceptable. This week we have been discussing this topic in an age appropriate way with the children and teaching them that no one has to put up with any form of abuse.

As part of our ongoing online safety curriculum, the children have been engaging in lessons on how to report online abuse and using these recent events as a learning curve on how to make the right choices on social media.



Activities with the children

This week in school we will be working on a number of activities with the children which we will share on our social media platforms. Families may also wish to do some of these activities at home and we would love you to share what the children produce.

- 😊 Write congratulations cards to Italy IT, tell them which parts of the match you enjoyed.
- 😊 Write congratulations cards to England - tell the team why you are proud of them or tell them how you felt when watching them.
- 😊 Write letters and cards to our players who missed their penalties. Tell them of a time when you did your best too and it just did not work out. Acknowledge their courage and let them know how this can inspire you.
- 😊 Send the team some tips on how they can get over their disappointment.
- 😊 Draw a picture of both teams together and send it to them.
- 😊 Choose your favourite player of both teams and explain why you chose them, you could even draw them.
- 😊 Create a play showing what happened during the final night.
- 😊 Write a letter to Gareth Southgate letting him know what an incredible leader he is through his calmness, courage and kindness.
- 😊 Write a rap about the team and perform it.
- 😊 Draw a cartoon about the team.
- 😊 Have a celebration party for how well the team did.
- 😊 Talk about the ups and downs of the game and your feelings about it.
- 😊 Write a song about the team and perform it.
- 😊 Draw a picture of the team and send it to them.
- 😊 Get outside and have a game of footie!

Congratulations to Italy on winning the cup!

Thank you England for winning our hearts!

